



## Combined Emergency First Aid at Work and Emergency Paediatric First Aid



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## **Course Overview**

This specially designed course provides the skills and knowledge needed to provide both emergency adult and paediatric first aid, perfect for schools, sports clubs or other childcare settings.

The number of training days required to achieve both qualifications has been minimised and streamlined to avoid the duplication of topics associated with attending both the Emergency First Aid at Work and Emergency Paediatric First Aid courses separately.

What's more, this course is formed from two regulated qualifications, which employers can book for their employees and be assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

## What's Covered?

- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Resuscitation
  - Adult CPR and Defibrillation
  - Child CPR and Defibrillation
  - Infant CPR and Defibrillation
- Managing an unresponsive casualty
  - Adult/Child recovery position
  - Infant recovery position
  - Seizures
- Adult, child and infant choking
- Wounds, bleeding and shock
- O Bites and stings
- Minor injuries
  - Cust, grazes and bruises
  - Minor burns and scalds
  - Nosebleeds
  - Splinters

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